

2010
Fall
Edition

The Advocate

Quarterly Newsletter of the Indiana Addictions Issues Coalition

Indiana
Addictions
Issues
Coalition



A subsidiary of
Mental Health
America of Indiana

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The Indiana Addictions Issues Coalition is funded, in part, by a contract with the Indiana Family and Social Services Administration, Division of Mental Health and Addiction.

September is Recovery Month!



Saturday, Sept 25, 2010

Indiana State Capitol, West Steps
300 Government Plaza, Indianapolis
Entrance Sign "Robert G. Orr Place"

Registration 8:30-9:30 AM

Ride 9:30-11:00 AM

www.recoveryindiana.org

People Recover from Addiction!

Recovery is a process, not a destination.
Recovery is a journey, not a goal.
Recovery is a path, not a place.



The 2010 Recovery Ride is Saturday **September 25th** begins at the **Indiana State Capitol**, west steps. Registration begins at 8:30am with the ride starting at 9:45am. This free event promotes public awareness that recovery from addiction is possible.

Rather walk than ride?

The 24 group is holding its annual 3k Hawk Walk On Saturday September 25, 2010. Registration is at 8:30 and walk will commence at 9:30. The non profit educates the public about the effects of substance abuse on families. The 24 group was named in memory of David Manlove, the son of two founding board members, who died at the age of 16 from the disease of addiction.



2010

3K HAWK WALK:

First Steps for Recovery
Saturday, September 25th
Indy Downtown Canal Walk
Walk begins at 9:30am at the
Zoll Brothers/Volunteers of
America Parking Lot
707 North Senate St.
Indianapolis Indiana 46202
Online Pre-registration at
www.hawkwalk2010.ezregister.com

Recovery Rally Saturday Sept. 25 Downtown Indianapolis on the Canal

After the Recovery Ride and Recovery Walk wrap up people are invited to gather on the canal for a rally in support of recovery from addictive disorders. The rally starts at 11:30 am and will run till 1pm. Several organizations including Drug Free Marion County are spear heading the celebration which will include speakers and an awards ceremony to honor the recovery advocate of the year and a lifetime achievement award for recovery advocacy in Indiana. * The rally ceremony is being held in conjunction with the National Rally for Recovery event put on by A & E entertainment network in collaboration with Faces and Voices of Recovery, a national advocacy organization. For more information <http://www.facesandvoicesofrecovery.org>

*Nomination forms for recovery advocacy may be obtained from DFMC web site which is <http://www.drugfreemc.org/>

Addicted to Music

The second annual Addicted to Music concert was held on April 30th in Bloomington on the campus of Indiana University during Alcohol Awareness Month. This year's headliner was Brett Dennen. The mission of Addicted to Music is to promote education, provide resources, and encourage individuals to recognize and fight their addictions.

The Indiana Addictions Issues Coalition was on hand to provide resources, answer questions, and promote education about addiction. Our own Jill Matheny spoke on stage sharing her story of recovery.



Recovery Training Saturday August 28

How to tell your story of
Addiction Recovery: a workshop

Presented by Mike Barry, former TV News anchor, recovery advocate & CEO of People Advocating for Recovery (PAR)

Join Mike for a day-long seminar on how to tell your story. You'll learn how to:

- Talk about your recovery in an effective, impactful way;
- Tell your story and stay within the bounds of confidentiality and tradition;
- Change the way communities think about substance abuse issues;
- Help family members, friends, employers and government officials understand the disease of addiction

Saturday, August 28, 2010 10 a.m. – 4 p.m.

Fairbanks Recovery Center

8102 Clearvista Parkway
Indianapolis, IN

Registration Required

\$10 in advance \$15 day of event

Lunch included

[Register online here](#) or at our website
www.recoveryindiana.org

*Welcome to the Board of Directors
Bryan Overbey, Hakiem Sahkir,
Sue May, DeAnna Hoskins
Kim Estes and Andrew Heltterbrand are
the latest additions to general membership*

**Indianapolis Woman chosen to
represent Indiana in
national recovery event.**

Judith Bell of Indianapolis has been named the Indiana Recovery Delegate of the Year for 2010. She was selected from a host of statewide nominees to represent all recovering Hoosiers in the September National Recovery Rally in Philadelphia, Pennsylvania. Judy will join selected delegates from all 50 states and the District of Columbia in leading a recovery celebration march through some of the nation's most historic sites in downtown Philly.

The event is coordinated and led by Arts and Entertainment Television, NCADD, Faces and Voices of Recovery, and other sponsors that support addiction recovery efforts nationally. Each year A and E TV solicits nominations of recovering individuals that have made significant contributions to public and professional awareness, reduction of stigma, and other initiatives on behalf those having addictive disorders and those who love them.

Judy has an amazing story of long-standing recovery and advocacy efforts that have helped literally thousands of Hoosiers move toward recovery from addiction. You may want to follow the Recovery Rally story on aetv.com by searching for the Recovery Project. This project unites thousands of recovering individuals and their supporters in celebrating the joys of recovery and demonstrates that people of all backgrounds, socio-economic status, creed, religions, races, nationalities etc, can and do recovery from the ravages of active addiction

**Working together, RECOVERY
from addiction will be REALITY!**

INDIVIDUAL MEMBERSHIP

- Community member (no fee)
 Supporting member \$10.
 Partner \$30.
 Advocate \$100.+

CORPORATE MEMBERSHIP (annual)

- Corporate \$100.
 Silver \$250.
 Gold \$500.
 Platinum \$1000.+

Gift: I wish to give a membership to the individual or family designated below

I wish to support the September Public Awareness campaign \$ _____

You can join online at

<http://recoveryindiana.org/membership.php>

Please make checks payable to the IAIC
mail to: Indiana Addictions Issues Coalition
1431 North Delaware Street
Indianapolis, Indiana 46202

Name _____

Organization _____

Address _____

City _____

State _____ Zip _____

Phone _____

Email _____

The IAIC always accepting submissions for our quarterly newsletter. Please send articles, poetry or photos to: Indiana Addictions Issues Coalition, 1431 North Delaware Street Indianapolis, IN 46202 or electronically to jmatheny@mhainet.net.



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....helping Hoosiers in recovery.

*The Indiana Addictions
Issues Coalition is a broad-
based, diverse, not-for-profit
organization focused on
creating and taking advantage of
opportunities to bring all
interested individuals and
entities together, projecting a
unified voice educating,
influencing and advocating for
addiction issues with the goal of
changing attitudes, beliefs and
confusion about addiction and
improving the lives of those
affected by addiction.*

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